



This Bulletin is produced fortnightly for the information of College families and is distributed to students to take home.

REFLECTION

The Church has now entered the Season of Lent thus we prepare for forty days prior to Easter when Jesus Christ died and resurrected from the grave in three days. Thus was the dawn of salvation for all peoples of all times.

This year our students marked Shrove Tuesday, the day before Ash Wednesday, through the selling and buying of pancakes. Organized by staff and students, this event raised money for Caritas and other social justice groups. More importantly, it highlighted the fact that it was the day before a period of abstinence, fasting, alms giving and prayer that make up Lent.

For many years the Church emphasized the 'giving up' nature of Lent – giving up lollies, television viewing, special treats etcetera. Now, the Season is time when we do abstain and fast, but also we more positively turn to our loving God, asking forgiveness for our failings and attempting to come closer to God and all persons we meet in our life.

Lent is certainly a period of time when special causes

can come to the fore. Project Compassion is one example, and SMC actively supports this Caritas inspired project each year. So maybe it is a time when we 'go without' and donate the dollars and cents we might normally spend on extras to the Project Compassion appeal.

It is recommended that we make special effort to increase our prayer life in Lent as the joy of Easter approaches. There are many forms of prayers and some may attract our interest more than others. For some, it is praying in solitude; praying in a group or in pairs; reading and reflecting upon a passage of Scripture; Christian reading written by gifted authors; meditation in its many forms; prayer through service; attendance at Masses more regularly. This is not an exhaustive list.

The phrase 'our Lenten journey' is often written and spoken about at this time of the Church year. As faithful Monicans who live under the motto of 'Pray and Persevere' may we take this journey in 2010 throughout Lent in solemn preparation for Easter.



ST MONICA'S COLLEGE, EPPING

(Years 7—12 Catholic Co-educational College)

Enrolment applications are currently being accepted for Year 7, 2011—2013.

Applications for Year 7, 2011 close on Friday, 26th February, 2010.

HORIZONS Accelerated Learning program is offered at Year 7 Level.

Application forms and further information are available by contacting the College Registrar on 9409 8911 or email registrar@stmonicas-epping.com

"Achieving Excellence"



PARKING RESTRICTIONS ON DALTON ROAD

All parents are reminded to adhere to the parking restrictions as they apply on Dalton Road when dropping off children. These restrictions are placed

and enforced by the City of Whittlesea. These are in place for the safety of the children accessing and departing the campus daily.

St Monica's College, Epping

Invites you to an

International Women's Day Breakfast

Date : Friday, 5th March, 2010
Venue : The Gateway Room,
Dalton Road Campus
Time : 7.15 a.m. – 8.30 a.m.
Cost : \$15 per person

(\$5 will be donated to the Anti-Cancer Council of Victoria to support Breast Cancer Research).

Female staff are most welcome as well as our senior female students who are accompanied by their mothers.

DOOR PRIZE – RAFFLE

R.S.V.P.
26th February, 2010
Mrs Glenda Hay
(03) 9409 8854



VCE/VCAL PARENT TEACHER CONFERENCE

On Thursday, February 25th the College will be hosting a VCE/VCAL Parent/Teacher Conference from 2.00 p.m. to 8.00 p.m. at the Davisson Street Campus.

All Years 10 to 12 students completing a VCE subject or participating in the VCAL program are required to attend these interviews with at least one parent.

For these interviews the College is introducing a new internet-based booking system called Parent Teacher On-Line (PTO). Using this system will enable parents to book interview times that suit you best from any internet connected computer.

Parents are able to make appointments from Tuesday morning February 23rd. Once you access the Parent Portal, please click on the PTO icon and use the login details you have been provided with. Please note that the PTO login details are different from the Parent Portal login. Any queries or concerns contact the College on 9409 8800 or email admin@stmonicas-epping.com

Parents of VCE/VCAL students will be receiving a letter in the mail later this week which will provide you with an access PIN and instructions.

All Years 10 to 12 students will be dismissed at 1.03 p.m. to allow for interviews to take place.

ACCESSING THE PARENT PORTAL

The College is keen to hear from any parent who has problems accessing the Parent Portal or any of its links. Please email the details to admin@stmonicas-epping.com.

STUDENT FREE DAY—MARCH 26

All teachers will be trained in anaphylactic management on this day, the final day of Term 1.

EDUCATION MAINTENANCE ALLOWANCE – EMA, 2010

The first instalment for EMA for 2010 is due to be processed by 26th February, 2010.

Parents who hold a current Health Care Card/ Pension Card or Veterans Affairs Card valid on Wednesday, 27th January, 2010 onwards and have a child at St Monica's College under the age of 16 years of age, will need to collect an EMA Form from either Dalton Road Campus office or Davisson Street Administration office.

Total payment of EMA is \$450 which is broken up into two payments e.g.

\$157.50 to the school in April
\$157.50 to the parent in April
\$67.50 to the school in August/September
\$67.50 to the parent in August/September
Total \$450

Parents are welcome to sign cheques to the school to be receipted against school fees. For any further enquiries please contact Ms Andrea Moon on 9409 8800.

Please note: No late application forms will be accepted after Friday, 26th February, 2010, as requested by DEET.

YEAR 7 PARENTS - TRANSITION EVENING

St Monica's College invites Year 7 parents to a presentation by the College Counsellors to discuss the challenges of the transition to secondary school and the challenges that adolescence may present. Don't miss this important evening about your children's well-being.

When : Tuesday, 2nd March, 2010
Where : The Gateway Room
Time : 7.30 p.m.

If you have not returned the reply slip please contact the College on 9409 8910 to secure your position.

SINCE THE LAST EDITION

A busy start to the year: Term 1 assembly; College Board meeting; VCE Public Speaking Competition; EnviroFriends meeting; Morning Tea with the Principal; Catholic Capital Grants visit; SACCSS golf; Year 10 premier league; Music information evening; Ash Wednesday; Breakfast Club; Shrove Tuesday pancake fundraiser; HORIZONS afternoon tea; Hockey try-outs; Year 7 AFL try-out - along with much settling in to the year.

FROM THE STAFFROOM

1. Congratulations to Ms Carly Parker and Danny on the birth of their first child, a daughter, London Poppie; and to Mr Craig Thompson and Melissa on the birth of their second child, Oscar Felix. Both babies were born on February 13th.

ACADEMIC COMPETITIONS

- a. *Writing for Human Rights Competition*: For students of Years 10,11 and 12. See Ms Sheedy or Ms Marcuccio for details
- b. *Australian Geography Competition*: This is a 35 minute 'test' competition done at school. Entry is open to all ages and costs \$2.50. See Ms Sheedy or Ms Marcuccio for details

CAREERS CORNER

University of Melbourne (The)

A listing of 2010 Events for School offered by the University of Melbourne has been distributed. This events listing can be obtained by logging on to the Parent Portal or Student Portal and accessing the Careers Website. The document can be found as a download within the bulletin section of the website.

The Veterinary Science Open Day for 2010 will be held on Sunday, 21st March from 10.00 a.m. – 3.00 p.m. at the University of Melbourne (The) Werribee Campus. A detailed information sheet can be obtained by logging on to the Parent Portal or Student Portal and accessing the Careers Website. The document can be found as a download within the bulletin section of the website.

Monash University eNews

If students are interested in courses at Monash University they are advised to register for the Monash University eNews.

Students who subscribe to Monash eNews will receive regular updates via email and SMS regarding courses, careers, admissions, scholarships and events in their area of interest at Monash.

How to subscribe - Students visit <http://www.monash.edu.au/enews/future-students/> to register.

RMIT Get Real Experience - 2010 school holiday program

RMIT University offers a number of events designed to give students in Years 10, 11 and 12 real experiences and insight into the world of science, engineering, environment and health and medical sciences.

The events give students the opportunity to experience life on campus, engage in hands on workshops and explore different aspects of science and engineering.

Health and Medical Sciences

This program is available to Years 10 and 11 students.

You will explore and build your understanding of diverse world of health and medical sciences through a series of hands-on workshops. You may undertake interactive workshops in the following areas: Nursing, Chinese Medicine, disability studies, biomedical science (anatomy), laboratory medicine, medical radiations and pharmaceutical science.

Date : Tuesday, 29th June
Time : 10.00 a.m. – 4.00 p.m.
Location : Bundoora Campus (West)
Cost : Free - lunch will be provided
Registration closing date : Tuesday, 15th June

Electrical and Computer Engineering

The program offers Year 11 and 12 students the chance to see how engineering is changing the way we live through a range of hands on workshops.

The Electrical and Computer Engineering program introduces you to engineering technologies that have had a significant impact on modern society. Electrical and computer engineering covers a broad range of technologies from computer systems, networking and communications, through to electrical, biomedical and electronic engineering.

Date : Wednesday, 30th June & Thursday, 1st July (identical days)
Time : 9.30 a.m. – 4.00 p.m.
Location : City Campus
Cost : Free - lunch will be provided
Registration closing date : Wednesday, 16th June

Environment Science and Engineering

This program is available to Year 10 and 11 students.

You will have the opportunity to undertake field work and on campus interactive workshops in: environmental engineering, environmental science, geospatial science and surveying.

Date : Tuesday, 6th July
Time : 9.30 a.m. - 4.30 p.m.
Location : City Campus
Cost : Free - lunch will be provided
Registration closing date: Tuesday, 22nd June

Aerospace, Mechanical and Manufacturing Engineering

The program offers Years 11 and 12 students the chance to see how engineering is changing the way we live. You will explore and build your understanding of engineering through a series of hands-on workshops, while gaining a feel for university life.

If you are interested in aerospace, automotive, mechanical and mechatronics, you will have the opportunity to participate in a series of interactive workshops.

Date : Thursday, 8th July
Time : 9.30 a.m. - 4.30 p.m.
Location : Bundoora Campus (East)
Cost : Free - lunch will be provided
Registration closing date: Thursday, 24th June

Medical Laboratory Visits - behind the scenes tour

This program is available to students in Years 10 – 12.

Have you ever wondered what happens after you have a blood test or other medical tests? Where does your blood go, how is it examined and how is a diagnosis made? Now with a behind-the-scenes tour, here's your chance to find out what really happens!

RMIT's Discipline of Laboratory Medicine together with medical diagnostic and research laboratories are giving Years 10, 11 and 12 students, interested in a career as a medical scientist, the chance to go behind the scenes and find out first-hand what happens.

Visits are to laboratories in which third year Laboratory Medicine students complete their Professional Practice. They include the major teaching hospitals in Melbourne and regional Victoria.

Dates : Monday, 5th July to Friday, 9th July
Cost : Free - lunch will be provided
Registration closing date: Monday, 21st June

Registration links are available at www.rmit.edu.au/seh/experience

La Trobe University Melbourne (Bundoora)

On Monday, 22nd February registrations open for Talk and Tour on for Years 10, 11, 12 and students and their families. The Talk and Tour Event will be held on the Friday, 9th April.

Read more at: www.latrobe.edu.au/study/events/schools/talk-and-tour

Engaging Adolescents

A three session course for parents is beginning on Wednesday, 3rd March at the Whittlesea Community Activity Centre being run by Uniting Care and the City of Whittlesea. The sessions will cover: understanding adolescence, understanding your job as a parent of a teenager, how to hold difficult conversations with your adolescent.

To obtain a flyer for the course which provides a full outline of the sessions and the phone numbers for booking a place access the SMC Parent Portal; Careers Website; Parent Information Sessions on the index page.

WORLD OF SPORT

Sport Association of Catholic Co-Educational Secondary Schools Golf

With entries in both the Senior and Junior competitions the best individual scores are as follows

Seniors:

James Bannan fourth with a score of 78, five over par.

Juniors:

Keith Lai second in the individual section with a score of 44. Keith Lai and Jordan McNamara were second in the teams section.

Year 10 Premier League

St Monica's V CRC Nth Keilor

SPORT	SMC	CRC Nth Keilor
Cricket	8 for 132	7 for 128
Netball	43	8
Basketball (Boys)	30	48
Basketball (Girls)	31	40
Volleyball (Boys)	3 sets	0 sets
Volleyball (Girls)	3 sets	0 sets
Football (Boys)	0	0
Football (Girls)	13	0

ARCHBISHOP HART'S LENTEN MESSAGE



James Goold House
P.O. Box 146
East Melbourne Vic 8002
Australia

With hearts open to the love of God and neighbour we review our life in the light of the teachings of the Gospel. By works of love we seek to bring justice to our world.

Pope Benedict mentions in his Lenten Message that this goes beyond mere distributive justice – ensuring that people have the necessity of food, water and medicine, leading us into the concern that Jesus had for a loving outreach, which goes even further. In addition to works of love through Project Compassion and seeking out those in our parish who are lonely or who have spiritual or other needs, we come to see how all-embracing is the invitation which Jesus gives us.

Pope Benedict says: "We understand how faith is altogether different from a natural good feeling obvious fact: humility is required to accept that I need Another to free me from what is mine, to give me gratuitously what is his. This happens especially in the Sacraments of Reconciliation and the Eucharist. Thanks to Christ's action we enter into the greatest justice, which is that of love."

I invite you to enter with me generously into our Lenten pilgrimage, as together we seek Christ and carry him humbly and with hope to the world.

+ Denis J. Hart,
ARCHBISHOP OF MELBOURNE.

MARVELLOUS MONICAN

It is with great pleasure that we acknowledge one of our amazing Year 11s. On Australia Day, January 26th this year, the Minister for Community Development presented Celeste Mitsiou (11 Purple) with the 2010 Young Citizen of the Year Award for the City of Whittlesea. Celeste was valued for her contribution to her volunteer work with Community Radio Station 974FM; and for school activities in which she participates. A special honour was mentioned of her dedication and speech when addressing others about how to deal with grief and loss at a local funeral service for a Christmas Remembrance.

What amazing achievements. Well done to Celeste Mitsiou.

B.E. Hanley
College Principal



16 Davisson Street, Epping, Victoria 3076
Phone: +61 3 9409 8800
Fax: +61 3 9408 7531
Email: admin@stmonicas-epping.com
www.stmonicas-epping.com