



ST MONICA'S COLLEGE

16 Davisson Street, EPPING, 3076

P.O. Box 11, EPPING, 3076

Phone: 9409 8800

Fax: 9408 7531

Email: admin@stmonicas-epping.com

Web: www.stmonicas-epping.com

MEDIA RELEASE

12 March 2014

ON YOUR BIKE FOR RIDE2SCHOOL DAY!

St Monica's College Epping will be first time participants in the National Ride2School Day to be held on Wednesday 19 March.

College Ride2School organiser, Ben Coleman, said it is all about encouraging students to ride their bikes to school.

"Most of our students are driven to school and traffic can be very chaotic around drop off and pick up times," Ben said. "Encouraging students to ride to school will reduce motor traffic around the College and this has many positive outcomes including reducing pollution and improving traffic flow in the area."

Year 8 students have been encouraged to participate and will be supported by 15 students from Envirofriends, a St Monica's group that actively promotes sustainable living.

"We hope to grow this event in future years and to be able to encourage students to ride to school more often," Ben said. "As well as the environmental advantages it will help promote healthy living."

St Monica's College teaching staff who are regular cyclists will ride around the local Dalton Road area to support students who are riding to school for the first time.

Media contact for interviews, photos etc: Peter Cocks
Coordinator of Public Relations
Tel: 03 9401 6559
Mob: 0417 398 232