



## “WE WON EVERYTHING!!!!!!!!!!!!!!”

This was the text message we received in Epping from our Director of Sport as our athletes travelled home from the 2019 SACCSS Athletics Carnival. It is the sort of news you are hoping to receive, and which delights you when it actually arrives.

So, we praise our Monican athletes and coaches on a fabulous victory, so well deserved following the many hours of devoted training and coaching that went into our team. We are fortunate at SMC to win so much in the arena of sport, but it is deserved considering the effort, time, expense and the planning that flood into sport across the course of the year.

What else should we win? Let us aspire to be the safest and happiest school in Victoria. Jesus wants us to be happy and we are followers of Jesus as Christians and people who attend a Catholic College. We win no friends or accolades by being a school where there is violence, discord, racial intolerance, sexism, bigotry and sadness. Let us enjoy the smiles and cheerful faces that emerge from a school that wins the ‘safe and happy’ prize.

We should aim to win the hardest working school reputation in Melbourne. Students come to school to learn and parents make efforts to afford the cost. Staff try always to bring out the best in students. However, it basically comes down to the mind, effort, determination, personal strength and sheer hard work of each student. No prizes are distributed to losers who are lazy. No praise is forthcoming to students who do not try in class, at home or through personal study. Winners are hard workers.

The environment is precious, let us win the cleanest school awards. In fact, we do as we are a 4-Star Resource Smart School already. There can be no excuse for litter on the grounds, rubbish on

the stairwells, refuse in our parklands and on sports ovals, grubby classrooms, graffiti on College property, and wastage of important natural resources. May we always be winners when it comes to being responsible stewards and protectors of the environment.

At our College we encourage our students to give of their best, to represent themselves, their family and their school with pride and integrity, and we develop and nurture our precious students from their eleventh or twelfth year right through to older adolescence. We want them to win when the purpose and reason for winning is noble and of value. We are not saying win at all cost: we are never saying to be bad losers and cheat to win. Never. Our aims are noble.

Therefore, let us celebrate our victories, our successes and our wins. We thank God for the talent, commitment, passion and desire to win. We always pray and persevere in our School of Many Colors.



### **RE-ENROLMENT 2020**

Do not forget that re-enrolment for 2020 closes on Wednesday 11 September.

Re-enrolments can now be made through the College webpage by following the steps below:

- MY SMC
- Community Portal
- Enter your username and password
- Click on Events
- Every child needs to be entered separately.

Re-enrolment payments can also be made at the College Administration Office.

### **Not Returning to St Monica's College 2020?**

Contact the College Registrar Mrs Enza Sinopoli on 9409 8444 in regards to exiting your child from the College.

### **FROM THE STAFFROOM**

1. Best wishes to Miss Sofie Butler (Education Support Faculty) who has returned to Queensland to live and work.
2. The Staff Member of the Month for August was Ms Ester Marcuccio for her commitment to the concept of 'the world is bigger than Epping' through her coordination of the Italy Exchange Program. Recognition is also made of her organization of European experiences for current students and alumni.
3. Staff currently on leave:  
B. Harris, N. Meade, J. Czocharski, C. Polidano, R. Knott, S. Pavia, S. Emirzian, C. Whitford, A. Vavala, B. Sheedy, E. Barilla (parental; leave).
4. We welcome Mrs Jean Incurvaja to the College in the role of Payroll Officer.

### **INTERNATIONAL NEWS**

#### **a. Bridge Program**

SMC hosted Blesilda(Blessie) Abrera, a teacher of Mathematics from Moreno Integrated School, Daet, Camarines Norte, Philippines until 4 September. Blessie experienced Australian school life and learnt about SMC tradition. She collaborated on projects, practised language skills and developed lifelong friendships with students and staff at SMC.

- b. We welcomed a visit by Sister Leonie sgs from the Philippines recently. We shall visit Sister and her community in December in our Immersion Program.

- c. Our Takada Homestay delegation to Japan depart on 14 September with Miss Delfos and Mr Rofo.

### **2020 HOUSE NEWS**

#### **2020 House Captains**

All 2020 SMC House Captains will be selected this year. Application forms are available via the House portal. Students are encouraged to apply as soon as possible.

### **2019 SMC Lunchtime House Competitions— Term 4**

In Term 4 there will be 2 House competitions held during lunchtimes. The annual House Table Tennis Competition and the eSports Fifa Competition. Places are limited so it will be on a first come basis.

### **COLLEGE STUDENT LEADERS, 2020**

I am pleased to announce that Gabrielle Godinho and James Golob have been appointed College Captains for 2020 and that Keziah Iozzo and Ramel Kunda have been appointed as College Vice Captains. Congratulations to these wonderful Monicans.

### **CONDOLENCES**

Our school's condolences are extended to the Pisano Family (Sienna in Year 7) on the bereavement of Mrs Nadia Pisano on 4 September. R.I.P. Nadia Pisano

### **PRINCIPAL'S CUP FOR SONG**

Congratulations to the following vocalists who have been selected as finalists to compete the Principal's Cup for Song. The competition will be held on Monday 9 September, 7.00 pm, in the Theatre of All Nations.

Vy Dao; Alice Xue; Jackson Robinson; Ava Villella; Aliya Awad; TJ Fepuleai; Rhea John; Luzella Costa-Villegas; Nicholas Peterson; Aaliyah Mathias; Ashly Reji; Mandy Petros; Lisa Shamuyarira; Nicoletta Kyvernitakis-Lithari.

### **STAFF PROFESSIONAL LEARNING DAY**

Please note that Friday, 20 September is a student-free day and is the final day of Term 3.

Classes for Term 4 resume on Monday, 7 October.

## SINCE THE LAST EDITION.....

Since mid-August: St Monica's Week (including Annual Oration, Sports Breakfasts, Musical Entertainment, St Monica's Day Mass; Carnivale and Lunch); HORIZONS Centre Blessing and Opening; MADD Night; SACCSS Athletics Carnival; Father's Day Event; Year 7 2020 Family Interviews; Book Week; 'Debunked'; Cells Meeting; Visit by Sr Leonie sgs; Chess Club; Sport (including Hockey, AFL, Football, Netball); On the Edge (10 Brown, White and Silver); Year 9 Red at Uniquely Year 9; Year 12 Morning Teas; ICAS Science Competition; VET Small Business Stall; (and more).

## ENVIRONMENT ROUND-UP

### a. Recycling Hub

Let us keep plastic out of landfill and let us recycle the following items for you: bread tags, used writing instruments (pens, highlighters, whiteout), used toothpaste tubes, toothbrushes and their packaging, batteries, old mobile phones, corks, CDs. EnviroFriends Recycling Hubs are located in the Library on each campus. We have recycled 17.8 kg of batteries and 3.5kg of oral care waste this year. Thank you for your ongoing support.

### b. MobileMuster Film Competition

EnviroFriends filmed a short film competition run by MobileMuster. The theme for 2019 is 'Use it or Recycle it'. Students met at Cooina at the start of lunch.

*Through their recycling process, MobileMuster transforms the components from mobile phone waste into valuable materials for reuse. It means that fewer raw materials need to be extracted and processed to make new products. By recycling your mobile phone today you will be helping reduce the impact on the environment of tomorrow.*

## MONICANS OUT & ABOUT

- a. **Year 11 at Merriang Developmental School** – Tiara Derrick; Harmony Derrick; Caitlin McGrotty
- b. **Year 10 at Green Gables Aged Care:** Mark Kriaris; Thomas Ferronato; Alyssa Sabatino; Charlotte Petrecca
- c. **Year 8 at Caroline Chisholm Society:** Gabrielle Morales; Simon Tawfiq; Bethany Uniacke; Harman Sandhu
- d. **Year 9 at St Peter's School Literacy Program:** Nikita Gruevski; Guilia Noal; Patrick Filippi; Jake Rao; Hung Tran; Vy

Nguyen; Francesco Floramo; Daniel Kalcic; Danielle Vecchi; Isabella Rametta

- e. **Year 10 Community Service – St Vincent de Paul** - Matthew Zaikis; Simona Marcocci; Jugnu Manzoor.

## CAREERS CORNER

### The University of Melbourne Extension Program

Are you a Year 11 student who is interested in completing a first year University subject while completing Year 12? Then the upcoming University of Melbourne information night is for you and your parents.

The UniMelb Extension Program (UMEP) allows you to study a university subject area during Year 12 and gain valuable academic skills while getting a head start on your future studies. Go along to their Information Evening and discover if UMEP is right for you.

The evening will feature:

1. A subject expo with representation from our Extension Program subject coordinators
2. An information session including details on how to apply and eligibility requirements
3. And a student panel featuring Extension Program alumni.

Interested students must register to attend:  
[go.unimelb.edu.au/xt2r](https://go.unimelb.edu.au/xt2r)

## PIANO COMPETITION

The Piano Competition will be held on Tuesday 8 October, 7.00 pm, in the Theatre of All Nations. Piano students are invited to compete in one of three sections (beginner, intermediate or advanced). Each participant will be required to prepare two pieces for the competition.

You do not need to be enrolled for lessons at the College to participate, all pianists are welcome. Please complete the registration form on <https://forms.gle/5aYSSHw7wL7aA4z27>

## OFF THE LIBRARY SHELVES

### a. DSC Strategy and Roleplaying Games Club

A sign-up sheet will be placed in the SJQ Library to look for expressions of interest for a DSC Strategy and Roleplaying Games Club.

We will be looking at (card/board) games such as, Magic the Gathering, Misspelled WordYuGiOh, Ultimate Werewolf, Dungeons



and Dragons, Misspelled WordMysterium and more. The first meeting will be held Thursday, 12 September, at lunchtime in Room Q87. Hope to see you there.

b. Book Week

Book Week kicked off with the theme: "Reading is my super power" using super heroes to promote reading. Activities were as follows:



- Monday to Wednesday 2 - 4 September: Screening – Incredibles 2 and Astro Boy
- Thursday 5 September - various competitions
- Friday 6 September – Book Face snaps to add to our Instagram page.

The movies were shown in the PCL at lunchtime.

Incredibles 2 was shown on the large screen in the reading area and Astro Boy on a TV.

### DRC CELL GROUP LAUNCH

Dalton Road Campus students were invited to come along to a 'Cell Group Meeting' held during lunch time in Our Lady's Chapel. Cells are small groups which gather weekly to discuss a short Gospel passage and how it relates to our everyday lives. The discussions are friendly and informal.

'Cells' is an international movement. Pope Francis has said the following about Cell Groups: - The aim of the cell group is to foster a greater community spirit and an awareness of God in a more personal way.

- ♦ Meeting to share joys and difficulties is a genuine experience of evangelisation that is very like what took place in the early days of the church.
- ♦ A cell group provides a place where friendships are formed and faith deepens. It enables people to see the relevance of their faith in all that they do.

### YOUTH MINISTRY "DEBUNKED" MEETING

On 2 September, a Youth Ministry session called "Debunked" was held in Cooina on Dalton Road Campus. This was a special meeting where students posed questions about our faith to a panel of guests. All students were welcomed to participate in what was an interesting conversation.

## WORLD OF SPORT

### Year 9 Premier League Competition

#### *Semi Finals*

SPORT	SMC	def by	OPPONENT
Boys Basketball	29	def by	58
Netball	13	def by	48
AFL	1.1.7	def by	17.16.118
Girls Football	0	def by	5
Boys Football	3	def	0

### SACCSS Senior Football Grand Finals

On Wednesday 28 August our Senior Boys Football team competed in the SACCSS Senior Football Grand Final against rivals CRC Sydenham. In what was a tough day for both teams with conditions proving extremely difficult, the quality of the match was of a very high standard and saw competitive free flowing football from both sides.

The rain fell in the first half which made it difficult for both teams to get a clear shot on goal. Jake Montagnese did not let the rain have an impact on his game, with many long balls setting up chances for SMC. His quality proved to be the difference in the first half, with a fantastic ball to Kristian Cunado who dribbled past his opponent before being struck down in the box to win his team a penalty. Up stepped Dylan Manevski who buried the spot kick and gave SMC a 1 - 0 lead.

The second half begun with the rain even heavier. The SMC defence was brilliant led by Luka Krstevski and Jack Kotsopoulos, repelling Sydenham's every attack. Andrew Cassar never looked like conceding goals and held firm when the ball came his way. The boys scrapped and fought every inch of ground in the second half, and were able to hold on for 40 minutes to be crowned Senior Football Champions with a 1 - 0 victory over their big arch rivals.

Luka Krstevski was named Best on Ground after his great defensive performance.

### SACCSS Senior Futsal

Earlier in the term our Senior students competed in the annual SACCSS Senior Futsal Competition.

The Senior girls started off the day with a draw to football rival CRC Sydenham. The girls then went on a three-game win streak, dominating other teams in the process before facing Marymede College in the last group game. A quality match from both sides saw the final score finish 1-1 with our girls finishing on top of the group. The girls advanced to the semi-final against Emmanuel College where, a high scoring affair earned our girls a 5-1 victory and a spot in the grand final.

Once again local rivals Marymede College were the team coming up against our girls. Midway through the first half a long range strike from Raquel Deralas round the back of net to give our girls a 1-0 lead. Marymede College hit back in the second half to level the score, but our girls were pressing for a winner in the last five minutes. With two minutes left on the clock, Gemma Beninca gave our girls the lead as she made the score 2-1 with a quality finish. They held off a frantic final few minutes, to win the Senior Futsal tournament for the second year in a row. Raquel Deralas was named best on ground in the grand final.

The Senior boys played a fantastic set of group games, with three wins and one draw seeing them finish top of the group. The boys came out of a very tough group and faced a tough challenge as Marymede College awaited in the semi. Our boys took an early lead but soon found themselves behind 3-2. After working very hard for a late equaliser and our boys pushing up the court, Marymede College sealed their victory with a late goal out the back to make it 4-2 as the final whistle sounded. Our boys fought really hard and controlled the game but lapses in concentration saw Marymede College advance to the grand final.

### **SPRING TRAINING INVITATION**

With the coming of Spring and the beginning of the better weather, anyone who would like to run, walk or learn to run with a group of friendly staff and students are invited to join the SMC Harriers on either a Tuesday or Thursday night after school. The Harriers gather outside the Sports & Assembly Hall on DRC at 3.40 pm before heading off at a pace that suits the individual to explore some of the lovely tracks available around Epping. If you have ever thought I would like to join that group, or your membership has lapsed over the winter now is the time to break out your runners, find some running gear and come along and join us for some exercise, laughter and friendship. Finishing time is approximately 4.30 pm.

Looking forward to seeing you all next Thursday afternoon or if you cannot make it then the following Tuesday. Spring training is all about doing some exercise at your pace and not training for anything in particular.

### **SCIENCE MONDAYS at ASH**

Need a bit of help with Science? Ms Reiljan-Dillon will be at ASH on Mondays in the Science Corner to assist with your Science homework or revision. If you are worried about an upcoming test or just do not get it, then why not take advantage of this opportunity to help you prepare or have things explained a different way: All students welcome.



## **"Tuning in to Teens - Emotionally Intelligent Parenting"**



Dear Parents,

A free six-session parenting program for parents of adolescents aged 12 - 14.

### **Would you like to learn how to:**

- be better at talking with your teen?
- be better at understanding your teen?
- help your teen learn to manage their emotions?
- help to prevent behaviour problems in your teen?
- teach your teen to deal with conflict?

*Tuning in to Teens* shows you how to help your teen develop emotional intelligence. Adolescents with higher emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success – Emotional intelligence may be a better predictor of academic and career success than IQ!

**When:** Wednesdays 16, 23 and 30 October 2019  
and  
Wednesdays 6, 13 and 20 November 2019

**Time:** 6:30 pm - 8:30 pm

**Where:** Cooinda (Dalton Road Campus)

**Contact:** Mrs Diana Murphy, College Counsellor  
e: [d.murphy@stmoncias-epping.com](mailto:d.murphy@stmoncias-epping.com)

**RSVP:** Expressions of interest close Wednesday. 9 October 2019

## MARVELLOUS MONICANS

On Monday 3 October at Lakeside Stadium, the College's Athletics Team, lead for the first time by Coach Thomas Wilson, competed in the annual SACCSS Athletics Competition. In fantastic sunny spring weather and sporting brand new uniforms, the 80 strong team completed a clean sweep of the overall aggregate competitions, winning the combined junior, intermediate and senior competitions, with the last time this having occurred being in 2009. Four of the six individual teams, Junior Girls, Intermediate Boys and Girls and Senior Girls finished first in their respective competitions, whilst the Junior Boys finished 2<sup>nd</sup> and Senior Boys 3<sup>rd</sup> overall.

Individually, the College doubled the number of individual Champions from 2018, with Cheyenne Schroeter (Year 9) winning the U14 Girls title, Erica Rocchiccioli (Year 10) the U15s title, Athanasia Theochari of Year 11 the U16s title and Chase Page (Year 10) the U16 Boys title. The College

also saw multiple second place individual performances across all the age groups. Aris Patsouras (Year 12) was also outstanding on the day, breaking a SACCSS Long Jump 17-20 age record with a personal best jump of 5.62mt, plus winning the 100/200 double and anchoring the winning senior girls relay.

The 4 x 100m relays at the end of the day again proved the difference, with the College winning 8 of the 10 relays and placing in one other.

College spirit was high, with fellow students (and staff J) cheering and supporting their teammates throughout the whole day. Senior students were outstanding, assisting staff with managing the large junior team.

A big thanks to all the staff and VET students who attended and assisted in marshalling, coaching and monitoring of students throughout the day.



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