



## 250 YEARS ON FROM CAPTAIN JAMES COOK RN

One of the first history lessons most young Australians learn is how Captain James Cook RN landed in Botany Bay on 29 April 1770 and came ashore to discover a new land, a foreign, virgin land save for the indigenous peoples who had resided there in their homeland for probably thousands of years.

Cook was a magnificent sailor, described by historian Geoffrey Blainey as an 'astronaut from the sea'. His expedition in the *Endeavour* vessel set sail from Britain towards the Pacific region of the largely unknown world on 26 August 1768. Cook was to make a total of three significant voyages during his naval lifetime before his assassination in Hawaii on 14 February 1779.



Cook brought back from the Pacific amazing insight and items, and the range of matters were immense: cartography, botanical life, geographical features, knowledge about mathematics and nutrition, astronomy, and languages. The list goes on. James Cook was unique and exceptional, a brave, wise and enterprising individual.

It was not until eighteen years later that Admiral Arthur Phillip RN, Commander of the First Fleet, declared the land a penal colony for Great Britain.

In relation to the indigenous peoples, many of them, and their fellow Australians, are committed to the belief that their land was stolen from them by the British and that the arrival of Cook and ultimately Arthur Phillip was the start of their cultural degradation.

In this time of learning from home for students, I recommend reading and learning more about the incredible life of Captain James Cook, the



indigenous peoples of Terra Australis, and the original foundation from 1788 that has brought this nation to where it is now in 2020. We need to know a lot about the land which we call home.

So many Monican families made their way to Australia over the generations. Some of us are even first generation immigrants and

new Australians. This cultural diversity is beautifully reflected in our school and each culture brings its own gifts onto the Monican table. We respect, appreciate and celebrate the breadth and diversity of cultures present each day at our school.

It is a critical necessity that in our school a calm and authentic sense of tolerance exists. No race is superior to another; no skin colour is more beautiful than another; no cultural heritage has less value than any other. Our table of life at St Monica's College is wide and has space for all cultural gifts and we admire them, totally and genuinely.



**Brian E. Hanley**  
Principal

## ENROLMENTS



### **Enrol Now**

For Year 7, 2022 And 2023  
Limited Places Available For  
Years 7 - 12 For 2021.

#### **St Monica's College, Epping**

[www.stmonicas-epping.com](http://www.stmonicas-epping.com)

T: 9409 8800

Junior Campus Years 7 - 9

400 Dalton Road, Epping VIC 3076

Senior Campus Years 10 - 12

16 Davisson Street, Epping VIC 3076



## YOU CAN HELP

We need to encourage families to enrol into Year 7 at SMC for 2022. Of course, it is very difficult to know who they are without Primary Schools operating and Morning Tea with the Principal sessions having to be discontinued for the time being.

I made a video to invite those interested in enrolling (from Year 5 or even older students) to take a virtual tour with me. If any current Monicans can help spread the Monican message by sharing this You Tube video, I shall be most appreciative. (It also provides a good tour for current Monican families).

[https://youtu.be/aXYix24\\_cW8](https://youtu.be/aXYix24_cW8)

## CAREERS CORNER

During this time of remote learning, the Careers Department has sent questionnaires to all Year 11 and Year 12 students (Year 10 students next week) to find out what sort of information or assistance they would like from the Careers Department. The response to the questionnaires has been excellent.

We have responded via email to the requests for assistance by providing advice, guidance and suggestions on how to do further research in order to get more information. The more information you have, the better your career decision making is!



Not surprisingly, some students are not sure what career path they want to follow. In the Careers Department, we are more than happy to work with students individually.

In this time of remote learning, students are welcome to contact us via email to seek assistance. But we would also encourage doing some investigating. A great place to start is the [job and career search/information](#) section of our school careers website. So, if you do not know what you want to do, start here and imagine/explore the possibilities.

## WEBSITE OF ST MONICA'S COLLEGE, EPPING

Our website has so much information to provide. Please consult it regularly for messages about the

Coronavirus arrangements (including briefings), a FAQ section to answer the most common queries, and loads of other school information for your enjoyment. [www.stmonicas-epping.com](http://www.stmonicas-epping.com)

## 'TOWARDS THE FUTURE 2020 – 2024'

Our new Strategic Plan is produced and once school resumes normally, copies will be distributed and made available to members of the College community. The Plan extends over the next five-year period and includes a College profile, demographic information and data, and frameworks and strategies which will advance the College as a School of Educational Enterprise.

The three headings under which strategies appear are: Purpose, Principles and People; Programs; and Property, Planning and Projects. It will make for important and very fascinating reading.

## HEALTHY LIFESTYLE - LAUGHTER

Laughter, funnily enough, is something we should all do more of. There are many advantages to engaging in some healthy, good old-fashioned giggles. Laughing regularly activates the immune system, decreases stress levels, helps relax muscles, may diffuse stressful situations, and increases your sense of humour. It is important to note that there is a time and place laughter. Laughing at the expense of others can be mean and insensitive. There may also be situations in class where laughter may disrupt the learning environment for other students.

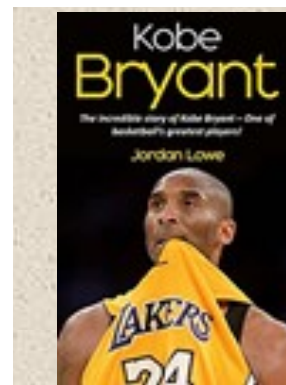
## COLLEGE BOARD VACANCY – MILL PARK PARISH

Expressions of interest to Father Anthony Girolami P.P. are invited to fill the remaining Mill Park parish vacancy on the College Board.

## SUITABLE READING MATERIALS FROM THE LIBRARY



Kingdom of the Blazing  
Phoenix. Rise of the  
Empress : Book 02  
Dao, Julie C (2019)



Kobe Bryant : the  
incredible story of Kobe  
Bryant - one of  
basketball's greatest  
players!  
Lowe, Jordan (2019)





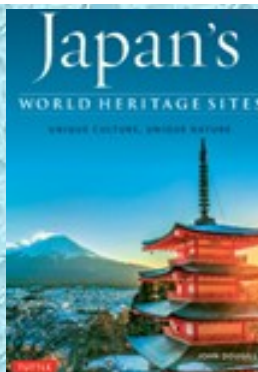
Anna K  
Lee, Jenny (2020)



Cooking with the Oldest  
Foods on Earth :  
Australian native foods  
recipes and sources  
Newton, John (2019)



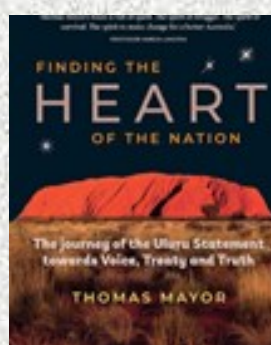
Pet  
Emezi, Akwaeke (2019)



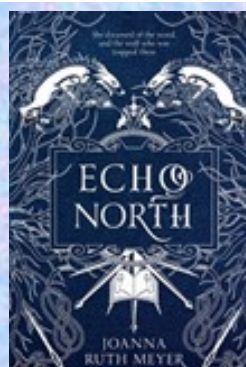
Japan's World Heritage  
Sites  
Dougill, John (2019)



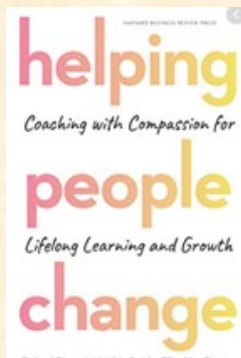
If you're freaking out,  
read this : a coping  
workbook for building  
good habits, behaviors,  
and hope for the future  
De Angelis, Simone  
(2020)



Finding the heart of the  
nation : the journey of  
the Uluru Statement  
towards voice, treaty and  
truth  
Mayor, Thomas (2019)



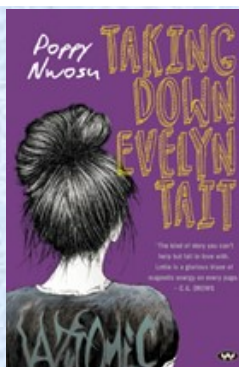
Echo North  
Meyer, Joanna Ruth  
(2020)



Helping people change :  
coaching with  
compassion for lifelong  
learning and growth  
Boyatzis, Richard



Biographic Audrey  
Collins, Sophie (2019)



Taking Down Evelyn Tait  
Nwosu, Poppy. (2020)



## WORLD OF SPORT

In a new series, the College Sport Department are compiling the best College Teams of the 21<sup>st</sup> Century. This edition, we start with the AFL Academy, and are proud to announce the College's Boys AFL Team of the 21st Century:

### Boys AFL Team September 2004

#### Fullbacks:

Ricky Mercuri (2011), Daniel Abela (2004), Gerard Sutton (2013)

#### Half Backs:

Terrence Upoko (2006), Josh Beare (2011), Jayden Short (2013)

#### Centre:

Joe Palazollo (2008), Bradyn Taglieri (2008), Dave Folino (2005)

#### Half Forwards:

Alex Sexton (2007), Aaron Willits (2006), Andrew Carmusciano (2006)

#### Full Forwards:

Mikey Di Battista (2011), Anthony Capecci (2015), Anthony Cardamone (2016)

#### Rucks:

Simon Kovacevic (2005), Matt Vasilevski (2006), Luke Lirosi (2006)

#### Bench:

Jason Abela (2005), Salvatore Mamone (2010), James Rizzolio (2012), Aaron D'Angelo (2015), Luke Volpe (2008), James McHugh (2012)

#### Emergency:

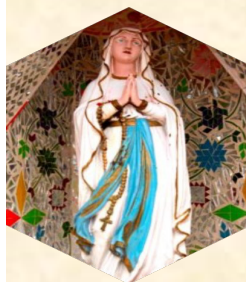
James Mercuri (2011), Anthony Bonaddio (2010), Joseph Vaccaro (2012)

**Coach:** Cameron Whitford  
(2004-2005 Division 1 Premierships)

**Assistant Coach:** Ben Shelton.



## SMC PRAYER OF SOLIDARITY FOR THE PRESENTATION SISTERS IN PAKISTAN



In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Mary Most Holy, we hold before you in prayer today the intentions of the Sisters who have taken your Presentation at the Temple as the inspiration for their lives of service and humility. Along with the considerable challenges they face educating young women and children in Pakistan, they now confront a global health crisis without access to medical supplies and support. Their heroic work and compassionate care for those affected by this virus will continue for many years to come, but we ask you to wrap your mantle of protection around them in a special way in the days and weeks ahead.



Mother of God, intercede for the Presentation Sisters in Pakistan, so that our friends may be preserved from illness and that they can continue their important ministry despite the mounting challenges they face. Ask your Son, Jesus, to grant them the grace they need to persevere with firm hope, so that they may continue to enrich the lives and enlighten the minds of children in some of the poorest communities on earth. Amen.



In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

*B.E. Hanley*  
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Principal



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