



## IN CELEBRATION OF MEN

I trust that Monican fathers enjoyed a happy Father's Day last weekend and despite visiting restrictions, I hope emails, phone calls, cards, hugs and kisses, and small 'smuggled' gifts left at the front door sufficed for 2020.

This edition of the Principal's Bulletin celebrates the men in our world. This is taken from four different angles, each of which is profound and significant.



I was using You Tube for some entertainment to wile away the hours in my Augustine House office. I came across the Missionary Sisters of Christ The King, a Polish missionary order of nuns with a community in Berriedale, Tasmania. It is a

small community of religious women who devote their prayer and personal life to undertaking the mission on earth of Christ the King. This is one title of Jesus bestowed upon our Saviour in 1925. We might be familiar with the Latin *Christus Rex*. Jesus promised a kingdom, not the political kingdom of the Roman Emperor, but the everlasting Kingdom for our salvation in Heaven.

Jesus, Christ the King, took the gender of incarnated man for the sake of all humankind.

Looking for a musical interlude I came across a singer whom I have always enjoyed, the late jazz singer, Morgana King (1930-2018). Morgana was of Italian heritage and was a popular entertainer in the USA through her music and her film appearances. One of her most popular songs was *I Have Loved Me A Man* and this is often featured on easy listening radio stations. In the song, Morgana highlights the love between a woman and a man, and she celebrates that union and relationship. She sings about her 'man'. The lyrics refer to the tenderness, gentleness, strength and warmth of a good man. Surely, male Monicans will contribute beautifully to society when they possess these qualities.

Let us pray for men who are loving husbands, fathers, sons, brothers, and Monican boys.

Recently, we saw images on the American news of large rallies in commemoration of the 57<sup>th</sup> anniversary of the March on Washington lead by Martin Luther King Jnr (1929 – 1968). This great

American Baptist preacher was a modern day saviour, calling for freedom and justice for black people everywhere, a preacher of the Gospel of Jesus Christ, a social warrior who marched and demonstrated and



demonstrated and demanded human rights for black people. He too was a father to Yolanda, Martin, Dexter and Bernice. He was husband to Coretta Scott King. He stood for justice, he 'had a dream' and he suffered the martyr's death when assassinated.

The world in 2020 needs (and does have) men like Martin Luther King to bring justice to all peoples everywhere.

A beautiful relationship between father and daughter was that between King George V1 of Britain and his eldest daughter, Queen Elizabeth II. Here was a unique relationship forged through the unexpected inheritance of the British throne, a father-child relationship starkly in the public limelight, a sensitive, loving preparation for



later public duty delivered by King George to the future Queen. The King wrote lovingly at the time of his daughter's wedding, "I was so proud and thrilled at having you so close to me on our long walk in Westminster Abbey. But when I handed your hand to the Archbishop, I felt I had lost something very precious."

May all daughters be blest with a loving father and care for their father in his old age when that time comes.

God bless all men of St Monica's College; may God hold you in the palm of His hand.

## RE-ENROLMENT in 2021

We invite you to re-enrol your child/children at St Monica's College, Epping for 2021. We trust that you will continue to support the College and it is our intention to build on the work of 2020. Next year we shall maintain our high standards to offer a first-class Catholic Education for all our students.

Re-enrolment into Years 8- 12 must be confirmed by payment of \$150 deposit which will be deducted from your 2021 fees. If your son/daughter does not return to the College in 2021, this deposit will not be refunded.

In some circumstances, re-enrolment will be dependent on meeting College standards and/or ability to meet current fee obligations. Those parents will be contacted separately.

Payment of this re-enrolment fee will be taken as acceptance that you are responsible for payment of the College fees for the forthcoming year as and when they fall due and for the finalisation of any current outstanding fees. Furthermore, College families need to abide by and support the College ethos and regulations regarding uniform and conduct.

### Re-Enrolment 2021

Re-enrolling your children can be completed online via the Community Portal.

**Opens: 10 August 2020 - Closes: 16 October 2020**

Parents access the Community Portal using the below steps:

- On the College website
- MY SMC
- Community Portal
- Enter your username and password
- Click on Events

Please note: Every student re-enrolment needs to be completed separately.

If you are having difficulties using the community portal, please contact the College for assistance.

Payment for re-enrolment can also be made at College Reception at Augustine House.

### Not Returning to St Monica's College 2021

Contact the College Registrar Mrs Enza Sinopoli on 9409 8444 regarding exiting your child from the College.

### Updating your Contact Details

We also ask that you to take this opportunity to review your contact details. This can be updated directly on the Community Portal.

## ENROLMENTS

Close off date of Year 7, 2022

9 October 2020



### Enrol Now

For Year 7, 2022 And 2023  
Limited Places Available For  
Years 7 - 12 For 2021.

### St Monica's College, Epping

[www.stmonicas-epping.com](http://www.stmonicas-epping.com)

T: 9409 8800

Junior Campus Years 7 - 9

400 Dalton Road, Epping VIC 3076

Senior Campus Years 10 - 12

16 Davisson Street, Epping VIC 3076



## FINANCE UPDATE

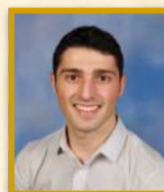
We have invited all families to reenrol their children for 2021 at St Monica's College, Epping.

For those families who have not completed a re-enrolment for next year this can be done online or at College Reception at Augustine House until 16 October 2020.

We remind all families of our extended due dates for payment of fees being 30 November 2020. For any family on a payment plan we are offering further extension to 15 January 2021. If you are not currently on a payment plan and would like to be, please contact the Fees Office to discuss the varying options available.

The Fees Office is committed to providing support and assistance to our families in managing their school fee commitments for 2020 and beyond. Please contact Alison Pisani, Finance and Business Manager at [fees@stmonicas-epping.com](mailto:fees@stmonicas-epping.com)

## STAFF MEMBER FOR THE MONTH FOR AUGUST



The Staff Member of the Month for August is Mr Stefan Luca for his creative and highly acclaimed production of a virtual art exhibition relating to the Principal's Art Prize. All works were celebrated. Recognition is also made of his foyer displays and his imaginative approach to being a Minder to Monicans.



## LIBRARY CORNER

The LRF (Library Resources Faculty) is accessible from home: <http://stmonicas-epping.com/my-smc> providing a vast quantity and quality of virtual resources such as:

- Instagram - <https://www.instagram.com/smc.lrf/?igshid=lprwg5pqeq3b> showcasing a huge variety of book covers and celebrities enjoying books and reading
- ePlatform for downloading eBooks and audiobooks which is great way to explore thousands of titles while not being able to visit library spaces.

### eBook Database – Fiction



Use this image to access eWhealers

- [How to Access ePlatform Through the Library Portal](#)
- [How to Search, Borrow & Reserve Books in ePlatform](#)
- [How to Setup ePlatform on Your Device](#)

ISO—ISORreading providing clips on suggested reading and access to a variety of Research skills covering LibGuides content to assist with projects for all year levels on specific topics that students have done or are doing, How to search the web and get good results, Note taking, How to record sources used for a project (bibliography).

ISO Reading



The library portal is constantly updated with new content and exploring the library portal exposes all to diverse educational and recreational information.

## CAREERS CORNER



RMIT is a popular destination for many of our graduating Year 12 students each year with up to 30% of our graduates enrolling in RMIT courses.

With 2020 being a year of restrictions and learning from home, many students have missed out on the opportunity to visit RMIT. So, RMIT are coming to St Monica's.

RMIT Student Recruitment will be presenting on Pathways, Vocational Education and TAFE for Year 10-12 students on **Thursday, 10 September 2020 at 3:30 pm—4:15 pm.**

This session discusses the range of Vocational Education and Trades qualifications offered at RMIT as a dual-sector institution, the differences in study and journey to further study, as well as the Pathways Guaranteed packaged pathways that RMIT offers.

The platform this presentation will be run through is Microsoft Teams.

- Students can use a web browser to join the presentation online - no need to download the computer software to join [Microsoft Teams Presentation Link](#)
- Students that sign up to stay in touch with RMIT will go in the draw to win a \$25 VISA Gift Card - someone from your group of schools in the fortnight will be a winner! Students will need to fill out this form to win: <http://tiny.cc/StMonicas>

## SPECIAL DATES:

### September:

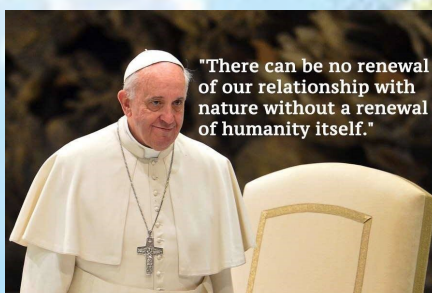
Monday 7	Principal's Cup for Song
Thursday 10	Principal's Shield for Chess
Monday 14	Principal's Art Prize
Thursday 17	Year 12 Theatre Evening
Friday 18	END OF TERM 3

### October:

Monday 5	START OF TERM 4 (to be advised)
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## SEASONS OF CREATION



St Monica's College, Epping has a strong tradition of celebrating Spring as the 'Season of Creation.' Pope Francis has asked all Catholic communities to celebrate the Season of Creation from 1 September to 4 October (the Feast of St Francis of Assisi). This means that, through our celebration of this season, we are joining other countries, Catholic schools, parishes and dioceses, as well as other Christian communities, in recommitting ourselves to the global effort to protect and enhance the beauty of nature.

In previous years, we have celebrated the Seasons of Creation Mass in September and EnviroFriends have run activities in our College gardens and wetlands. However, in 2020, we are marking this time of renewed hope, new life and positivity in a new way. Although we observe the start of this season at home, we are gathering online and in other ways to unite in prayer, experience community and reflect on our common call to be good stewards of a shared gift: the beauty and harmony within the natural created order.

When we look to the example and leadership of Pope Francis, we find strong encouragement to look afresh at our lives, habits and choices to see if there are ways that we can help promote the understanding that the environment is not primarily a resource to be exploited but as a place of encounter with God.

We recognise that this is how we are called to respond to the reality that climate change and loss of biodiversity is a growing and urgent global concern that disproportionately impacts those most vulnerable. Pope Francis' encyclical *Laudato Si* affirms that, "Humanity still has the ability to work together in building our common home. A true ecological approach always becomes a social approach; it must integrate questions of justice in debates on the environment, so as to hear both the cry of the earth and the cry of the poor."

We see this as a sacred duty, one which proclaims our faith and love for the God who created the wonders of nature. This is why we persevere in our efforts to meet this global challenge with a spirit of constant prayer; confident that God will bless all we do to ensure that the natural beauty of creation is preserved as a gift for all future generations.

### **Prayer for the Season of Creation**

Loving God, Your kindness and love are lavished equally upon all.

Your glory is reflected in the splendour of the natural world.

Teach us to see all creation as You do: with profound love for all life, especially humanity.

Taking up the words of Jesus, we pray that we may only take 'our daily bread,' just what we need to sustain us, and never more than what we need.

Teach us to love and care for all creation, Your gift to us all, wisely and well, so that Your praises may ring out through all the world.

Amen.



## WOOL4SCHOOL DESIGN COMPETITION 2020

The Year 11 Product Design and Technology Textiles class are excited to announce that they have won the annual Wool4School Design Competition at their first attempt. Expertly guided by Mrs Italiano, St Monica's took out both prizes in the Senior Category. Vivian Ly was the winner taking home the massive prize of \$1,000 cash, \$200 EMU voucher, a Bernina sewing machine as well as a 5-day internship with award-winning Australian designer Dion Lee, including flights and five nights' accommodation for her and her guardian. Mimi Trezise made it a clean sweep of winners coming home as runner up winning a one-year subscription to Frankie Magazine and a personalized certificate.

This is a huge achievement for these girls, and their teacher Mrs Italiano. Wool4School is an annual secondary school design competition encouraging budding fashion designers to show their nation what they're made of. First launched in Australia in 2012, Wool4School now involves over 100,000 students worldwide in Australia, Hong Kong, United Kingdom and Italy.

Wool4School encourages students' innovative thinking and creative design to design an outfit using at least 70% wool. The outfit must contain one to four separate pieces, and this year had to be innovative and creative and inspired by flora and fauna (nature).

**There were five main steps in order to complete the competition.**

- **One:** Understand the design brief and create a mood board that reflects flora and fauna.
- **Two:** Explore wool and learn about its special characteristics and properties, the different types of wool fabrics and their uses, wool innovations and the meaning of the wool mark logos.
- **Three:** Design the outfit inspired by the flora and fauna (nature).
- **Four:** Create a technical sketch of the outfit.
- **Five:** Write a supportive creative statement to verify that the criteria of the design brief were accomplished.

### **Comments from the judges:**

An esteemed panel of judges including leading Australian fashion designer Jonathan Ward and key industry representatives carefully assessed each submission before eventually deciding on the winners and runners-up.

"I was impressed with this year's entries; they were very diverse from previous years and it really shows how students are absorbing the information. Congratulations to all the finalists and winners," said Wool4School Program Manager Ashley Hollis. This year's participants took on this challenge and applied their talent into the designs that went above and beyond expectations.

Donald Chung, Dion Lee Retail and Online Brand Manager commended senior winner Vivian Ly.

"Vivian conveys a clear and original concept, which reflects The Woolmark Company's brief. Her concept summary is detailed, particularly when breaking down the wool and wool blend quantities of the garment. Vivian's flora and fauna concept, inspired by her Chinese-Australian heritage is what was imaginative, and innovative – this differentiated her from other candidates."



*"I was very shocked when I received an email congratulating me. Reading the email over and over, I stared at my laptop for a solid five minutes before running out of my room and asking my family to double check if I had read it right. I could not believe that my design had won and was overjoyed."*

Vivian Ly

We congratulate the girls and Mrs Italiano for their fantastic achievement. The college is very proud of them. All Product Design and Technology Textiles students are encouraged to enter their work into the competition next year.

Runner up: Mimi Trezise

### **Creative Statement**



I believe that fashion tells a story, so I came up with somewhat of a narrative to inspire my design process.

A forest nymph from the Ancient Greek days awakes from her slumber, only to see the natural world she lived in be overrun with pollution. She steps out into the light, sowing seeds as she walks, and is there to witness the world grow again.

To make this vision a reality, I drew inspiration from Ancient Greek fashion, especially in the drape and silhouette of the Chiton. The top and skirt combo is a homage to the gathered waist look, under the guise of a singular dress, and is printed

with a leaf pattern reminiscent of a forest. The sleeves of the top are open, elegantly revealing the shoulders and making the sleeves appear to drape more. As for material, I chose Pure Merino Wool for its softness, absorbency, odour resistance and wrinkle resistance- all desirable qualities for an everyday garment worn against the skin.

The coat is designed to withstand the elements, so that one could stay outside longer without fear of wear and tear damaging their garments. A series of pegs and loops fasten the coat and the pegs themselves are carved from recycled wood. The coat is made from Merino Retract, which is similar to boiled wool, however it retains the



strength from regular wool and is resistant to pilling. Merino Retract is warm, strong, weather resistant and water resistant, making it a suitable fibre for outdoor wear and spending time in nature.

The boots are not made from wool; however, they have a unique aspect that contributes to the design-the seed sowing. To replicate the image of the nymph 'sowing seeds as she walks', the right shoe has a pressure plate which, when stepped on, releases a seed from a hidden compartment in the heel; literally, sowing a seed as you walk.

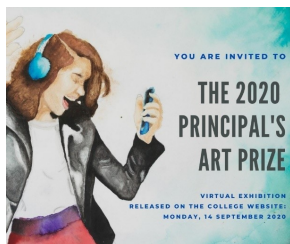
I feel that this is a way to do something kind for the environment without much

effort. You can help mother nature while admiring her, which I find somewhat poetic.

The intended end-users are women aged 16-25 who want to dress fashionably but don't want to wear clothing that is harsh on the environment. With the help of Woolmark logos, users can be assured that their garments are made with 100% (Pure New Wool), 50-99.9% (Wool Rich Blend) or 30-49.9% (Wool Blend Performance) wool.

### **PRINCIPAL'S ART PRIZE**

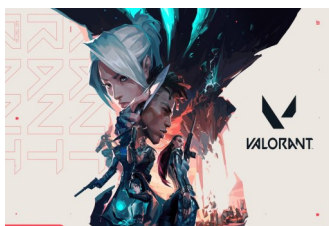
Dear Parents/Guardians



It is with pleasure we invite family members and friends to view the virtual gallery and enjoy the display of outstanding talent from our Monican students. The exhibition will be live on The College website from Monday, 14

September 2020. Please join us in celebrating our students' tremendous gifts.

### **2020 SMC ESPORTS COMPETITION**



The Esports Competition was very successful in 2019, albeit different in 2020 due to COVID-19 it has been another successful year with 35 participants.

The online competition began on Monday 24 August and has run from 3:30 pm -5:30 pm on Monday and Tuesday afternoons in a Round Robin format.

The final standings for the Esports Competition are as follows: Kebab Boys 8-0, YHA 5-3, 10 Thief 4-4, Annoying Oranges 4-4, PBFC 3-5, Egg 0-8. The Grand Final will be played on Monday 7 September at 3:30 pm between Kebab Boys and YHA.

Most valuable players for last week: Luis Manfregola (Year 12 Gold) and Ben Chen (Year 11 Blue).

### **PRINCIPAL'S RIBBON FOR COOKERY 2020**

The Principal's Ribbon For Cookery, like most things, had to take a different and at times expected turn in 2020.

Due to the many and varied product shortages across supermarkets Australia-wide earlier in the year as well as the continued lockdowns, students across Years 9 to 12 were given the theme "My Favourite Food". This allowed for a wide scope of ideas and ingredients to be utilised. Students were able to cook a meal for their families in order to come together in what was and has been uncertain and at times frightening times. Instead of cooking their dish in our state-of-the-art kitchens at the College, students were required to produce a film of themselves cooking their dish in their own homes with their own ingredients. Lisa Bolle of the Big Group Hospitality Agency had the unenviable task of choosing the winner of the Principal's Ribbon for Cookery and the Principal's Encouragement Award.

Students across Years 9 to 12 were represented and the videos that were presented were of the most amazing standard and quality. The wider College community were privileged to be presented with the video submissions on Sunday 30 August via the College website. Dishes such as Silky pasta, Oreo cheesecake, pasta Bolognese and delectable carrot cakes were presented to the judge.

On Monday 31 August at 4.00 pm, the announcement of the winner and encouragement award was made via the College website, and the College's social media platforms. This year, the highly prestigious award of Principal's Ribbon for Cookery was once again awarded to David Chessari (Year 12 Purple) with his version of a carrot cake and the Principal's Encouragement Award went to Daniel Manglaviti (Year 11 Green) with his dish of spinach and ricotta ravioli with sage butter. Both students were highly commended on their skills, not only in producing sensational dishes but their video production and editing skills were also of the highest standard. Congratulations are also extended to the following students for participating in this award: Allyson Jardine (Year 9 Gold) – Family Bolognese, Matthew Monteneri (Year 9 Silver) – Oreo cheesecake, Jordan Digiglio (Year 10 Brown) – Home-made pasta with Ragu, and Marco Iaconis (Year 12 white) – Fresh tagliatelle with sausage and wild mushroom sauce.

We look forward to another Principal's Ribbon for Cookery in 2021 and encourage all students in Years 9 to 12 to enter.



David Chessari's Carrot Cake



Daniel Manglaviti's Spinach and ricotta ravioli with sage butter



## PRINCIPAL'S CUP FOR SONG REPORT



The prestigious Principal's Cup for Song was held on Thursday 3 September and it was the first time in the College's history that this event was streamed entirely online. Over 2000 people tuned in to watch thirteen of our talented Monican singers perform songs from a variety of musical genres. We were treated to a virtual evening of breathtaking jazz improvisations, operatic masterpieces, powerful pop ballads and iconic crooner classics! Each performance was well rehearsed and every Monican performed their vocal renditions professionally and to a very high standard.

Adjudicator, Belinda Parsons, a professional vocalist and experienced educator, is set to announce the winner of the Principal's Cup for Song on the evening of 7 September online. On this evening, the Principal's Encouragement Award will also be announced.

We are very proud of each and every Monican performer and are blessed to have them share their

gifts with all of us, especially during a time where many of us are living and working remotely. I would also like to extend a special thanks to Mr Emad Attie and the Promotions and Events Team for all their work making this online event possible.

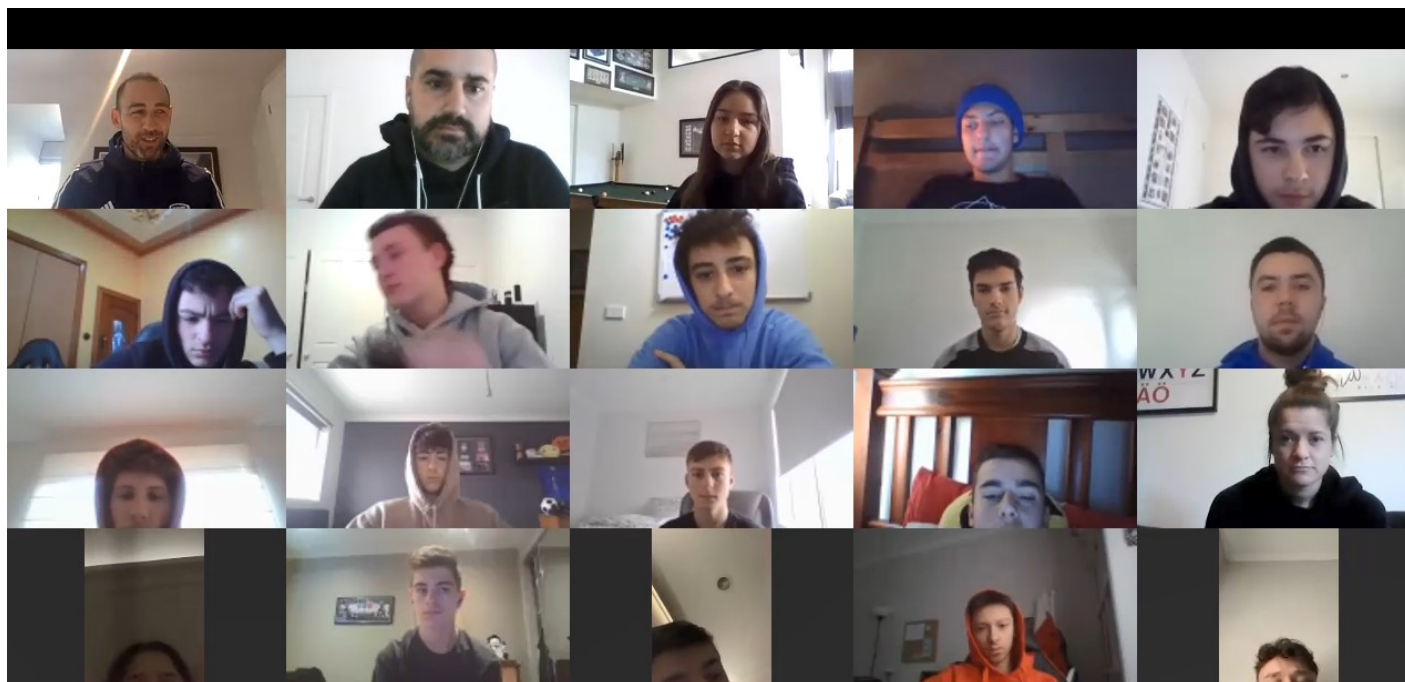
### **Principal's Cup for Song 2020 Finalists:**

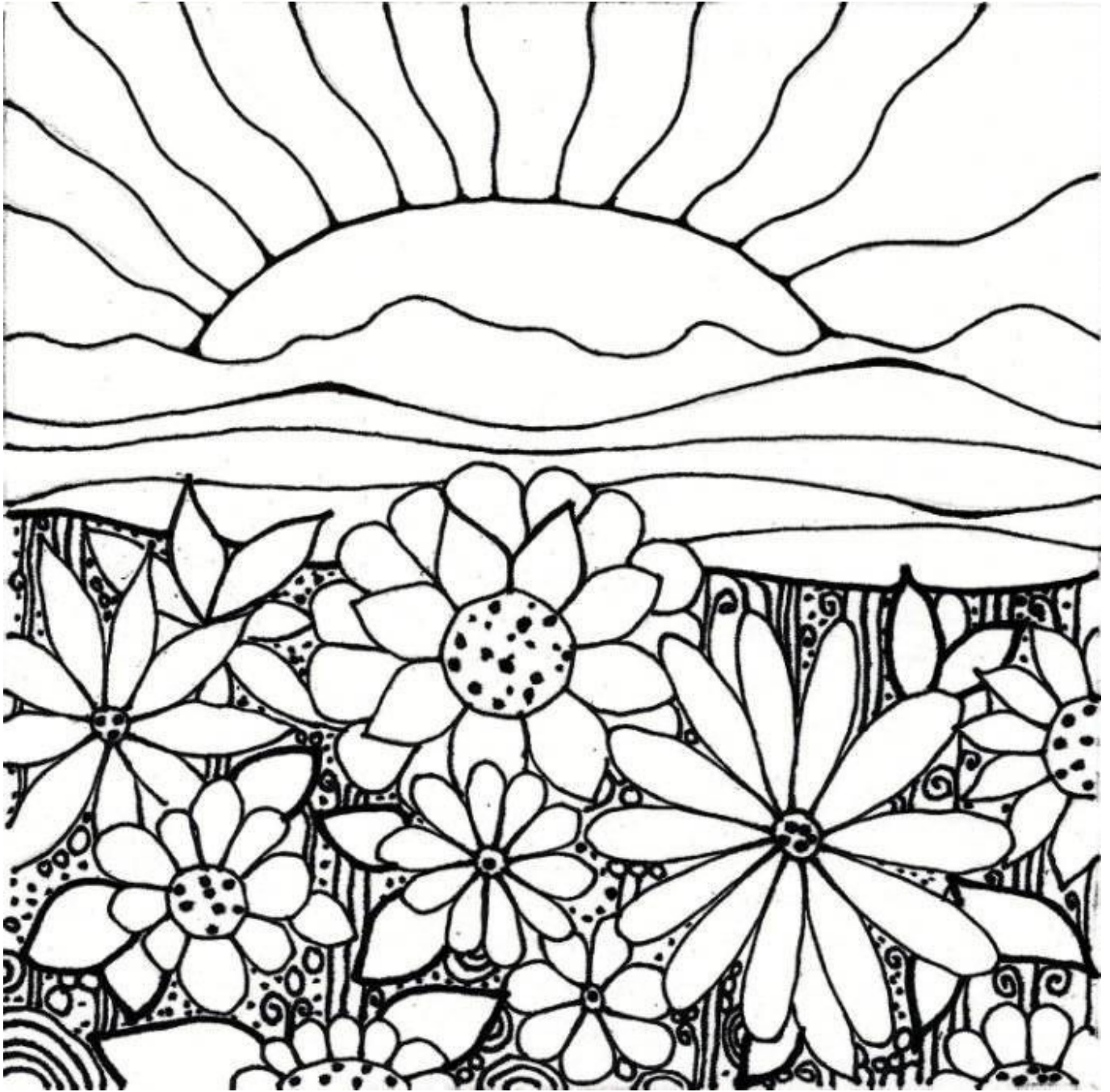
FINALIST	SONG
<b>Luzella Costa</b>	<i>21 Century Machine</i> by Catie Turner
<b>Anisija Dimoski</b>	<i>Man in the Mirror</i> by Michael Jackson
<b>Aliya Awad</b>	<i>Requiem by Pasek</i> by Paul, Arr. Mallory Bechtel
<b>Chanel Fiteni</b>	<i>Hallelujah</i> by Leonard Cohen
<b>Rhea John</b>	<i>Better Days</i> by Donn, Lorrich and Reeves
<b>Adam Mardiryan</b>	<i>Corner of the Sky</i> by Stephen Schwartz
<b>Aaliyah</b>	<i>Lush Life</i> by Billy Strayhorn
<b>Nicholas</b>	<i>All of Me</i> by John Legend
<b>Ashley Reji</b>	<i>Les Cloches</i> by Claude Debussy
<b>Cidelle</b>	<i>The Climb</i> by Miley Cyrus
<b>Alaina Santos</b>	<i>I Can't Make You Love Me</i> by Bonnie Raitt
<b>Julian Tsobanopoulos</b>	<i>This is the Moment</i> by Wildhorn and Bricusse
<b>Alice Xue</b>	<i>Con te Partiro</i> by Francesco

## SPORT

### Melbourne Victory Captain and Soccerroo Carl Valeri and the Year 10 NFA Class

"It was great to have former Melbourne Victory Captain and Soccerroo Carl Valeri join the Year 10 NFA Class to talk all things football and how to stay motivated during these tough times."







## MENTAL HEALTH WEEK

**Mental Health Week** is a nationally recognised event that will be celebrated in Melbourne commencing **Monday 5 October (Week 1 of Term 4)**. St Monica's College is celebrating it a little differently this year and invites our entire Monican Community to take part. Please read the **Wellness Challenge** that is attached to the bulletin and let us make a conscious effort to complete one task each day in order to stay healthy, happy and hopeful during this time.

Each family has the opportunity to **win one of six fantastic prizes (one per year level)**. Prizes include movie vouchers, food vouchers, and other fun family outings.

### What you need to do...

Please email [promotions@stmonicas-epping.com](mailto:promotions@stmonicas-epping.com) and tell us in 50 words or less how this challenge has benefitted you and your family (attaching photos is encouraged!). Remember to include your name and your child's year level/s.

**Entries close Friday 16 October 2020** and winners will be announced on **Wednesday 21 October 2020**.

**Look out for reminders via email, Facebook and student portals.**

# WELLNESS CHALLENGE

Go for a walk 	List your strengths and find a new way to use them	Practice a mindfulness meditation (Smiling Mind) 	Think of 3 things you are grateful for today and share them with a family member	Drink plenty of water throughout the day 
Try something new today	Dedicate some time for your favourite hobby 	Give someone a compliment	Contact someone you haven't spoken to in a while 	Help someone else
Have a good belly laugh 	Give someone a hug	Watch a movie with your family 	Watch something funny and enjoy how it feels to laugh	Reward yourself for a job well done 
Get in touch with your inner Van Gogh...draw, paint, colour in, be creative	Virtually connect with a friend or family member outside of your 	Write a letter by hand to someone who's made a difference in your life	Give someone the gift of your ear by listening to them 	Don't complain for 24 hours
Pick a bunch of flowers and put them in your house 	Wear your favourite outfit	Do something that you have been putting off 	Seek out your favourite scents	Create an upbeat play list 
Social Media Free Day	Tell someone why you love them 	Create a kindness box to keep a record of kind actions	Play a board game with your family 	Persevere, pick up something that you gave up on
Enjoy the sunrise or the sunset 	Be respectful. Only engage in positive conversations	Make healthy choices of how you nourish your 	Share a happy memory with someone	Cook a family meal together 

# SMC

PRAY AND PERSEVERE

**MENTAL  
HEALTH  
WEEK  
2020**

MAKE  
YOUR  
MENTAL  
HEALTH  
YOUR  
PRIORITY  
THIS  
WEEK

**5 – 11 of  
October**



400 Dalton Road, Epping VIC 3076  
Telephone: 9409 8800  
Email: [admin@stmonicas-epping.com](mailto:admin@stmonicas-epping.com)  
[www.stmonicas-epping.com](http://www.stmonicas-epping.com)

*B.E. Hanley*  
B.E. Hanley  
Principal